



## Pre-K 4 SA Menu: November 9th - 13th

(Cycle: Week 4, Day 16 - 20)

**FIELD TRIP @ NORTH - 97 SACK  
LUNCHES**

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	MONDAY 9-Nov	TUESDAY 10-Nov	WEDNESDAY 11-Nov	THURSDAY 12-Nov	FRIDAY 13-Nov
<b>Breakfast</b>	Toasty O's Cereal Seasonal Fresh Fruit Milk	WW Pancakes Turkey Sausage Links Dragon Punch Juice Milk	<b>Breakfast Sandwich</b> Egg Patty Sliced Cheese WW English Muffin Seasonal Fresh Fruit Milk	<b>Turkey &amp; Swiss Bagel</b> Sliced Turkey Swiss Cheese WW Bagel Cinnamon Peaches Milk	<b>Fruit &amp; Yogurt Plate</b> Vanilla Yogurt Granola Diced Mango Milk
	(Syrup)				
<b>Lunch</b>	Cut Turkey Breast WW Roll Brown Gravy Garlic Mashed Potatoes Steamed Peas Milk	<b>Spaghetti &amp; Chicken Meatballs</b> Chicken Meatballs WW Spaghetti Spaghetti Sauce Steamed Broccoli Milk	<b>Beef Hot Dog</b> Beef Frank WW Hot Dog Bun Sweet Potato Tots Green Beans & Tomatoes Milk	<b>Chicken Ranchero</b> Grilled Chicken Patty Ranchero Sauce Spanish Brown Rice Pinto Beans Seasonal Fresh Fruit Milk	<b>Hot Ham &amp; Cheese Sandwich</b> Sliced Ham Sliced Cheese WW Bread Seasoned Cauliflower Cinnamon Apples Milk
	(Ketchup;Mustard)				
<b>Snack</b>	WG Cinnamon Goldfish Craisins	Marranitos Mozzarella String Cheese	Alphabet Crackers 100% Apple Juice	Cinnamon Cereal Bar Milk	White Cheddar Popcorn Wango Mangon Juice
<b>Late Snack</b>	Mini WG Bagel Sun Butter	Baby Carrots Multi-Grain Sun Chips	Cheddar Rectangle WW Crackers	WG Vanilla Graham Applesauce Cup	WW Chocolate Chip Cookie Pineapple Tidbit Cup

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